
Shasta High Newsletter

Volume 13, Issue 2

October 2009

Principal's Message – Milan Woollard

A common question from parents is how their kids can get involved with community service. We have two clubs on campus that focus on community service: Interact which is advised by Leslie Ellingson and Scott Tyler. This club is sponsored by Redding Rotary.

Key Club is advised by Roxanne Blankenship and is sponsored by the Redding Lion's Club. Both of these clubs offer excellent opportunities for students to be involved in a club on campus and serve their community at the same time. It is a great place for students to develop friendships and it really looks good on a resume and on college applications. Our Key Club just spent last Saturday working with other groups cleaning up the shoreline at Whiskeytown Lake. Be sure to have your kids talk with these advisors and pay attention to the daily bulletin for meeting dates. These clubs usually meet at lunch in the respective advisor's classroom.

I want to highlight another campus club. Our Mad Mudders (ceramics club) meets on Thursday from 2:30 to 4:30 in room 321. Jon Mehr is the advisor. This club just sold ceramic fish at the Turtle Bay Art Show. The club split up the profits between the National Brain Tumor Society, the Shasta Women's refuge, Turtle Bay, and their own club to help pay for ceramic's supplies. This is another great opportunity for students to get involved and help out in their community as well.

Speaking of community service, another great way for your student to get involved is by serving as a tutor through our TORCH Program. Ann Silveira and Myrna Papac advise our TORCH program. TORCH uses upper classmen (juniors and seniors) to tutor students who may be struggling or who just want some extra help with their homework. TORCH uses and needs tutors in all subject areas. Tutoring takes place on Tuesdays and Thursdays in the Library from 2:30 to 3:30. This program helps others to succeed and benefits the tutors as well.

October 9 will be the end of the first grading period. If your student is doing well, be sure to reinforce their efforts. If your student is struggling, be sure to deal with the problem now while there is still time to help your child improve his/her grade for the semester.

Once again, in an effort to keep our students healthy, please remind your student to wash their hands, not share food and drinks with others, and to cover their mouth when they cough. If your student gets sick and has a temperature of over 100 degrees, please keep them at home until 24 hours after the fever breaks.

Be sure to contact us at 241-4161 if you have any questions, concerns, or praises.

Admin Zone—Heath Bunton; Leo Perez; Shane Kikut

Students from the class of 2010 and 2011 who have not passed one or both parts of the California High School Exit Exam (CAHSEE) will be testing on October 6th and 7th. Students should check with their first period teachers or in the attendance office for test times and locations. This test is a state requirement, and all students must pass the CAHSEE in order to receive a high school diploma.

Each year the CAHSEE will be given once to sophomores (class 2012), twice to juniors who have not passed (October 6th and 7th and February 2nd and 3rd), and three times to seniors who have not passed (October, February, and May 11th and 12th). The CAHSEE is composed of two components Math and English. Shasta students are prepared for the test through our regular curriculum, through Math and Reading Labs, and pre test tutorials. Students who have not passed one or both parts of the CAHSEE are required to use one of the support labs as an elective. Good luck to the remaining juniors and seniors who have not passed or taken the test and also good luck to the class of 2012 who will be testing in February.

First quarter ends October 9th. If your child needs extra help with his/ her classes, we encourage you to take advantage of our TORCH program. It is available on Tuesdays and Thursdays from 7-7:30 AM and 2:30- 3:30 PM in the library. Students and parents are also encouraged to monitor their grades and attendance online through Aeries. If you have not yet set up an account, go to the Shasta home page at: shastawolves.com. You will need a verification code, which you can get from your counselor to complete the account set up process.

Parking/ Congestion: Please obey the traffic laws around campus, particularly the No Parking areas. Cars that are illegally parked or parked without the proper parking permit will be given a \$10 ticket. Please use caution and exercise patience when picking up or dropping off your child, as it can get a bit hectic during morning drop off and afternoon pick up. Parents please remember when picking up and dropping of your student in the Orange lot near the two story building that the exit is Right Turn Only between 7:00am and 8:00am, and 1:00pm and 3:00pm. Thank you for your consideration in this matter.

Short Term Independent Study

It is strongly recommended that students be in school every day, however if there are extenuating circumstances that require a student to miss five or more days of school then he/she should sign up for STIS. Students need to give a minimum of **5 school days notice prior to going on STIS.** Please notify school personnel as early as possible with the dates of the absence by sending in a note with your child or by speaking with Ms. Allpress in the main office to begin the paperwork.

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This is the legal version of the above

EC 48980 (k) The notification shall advise the parent or guardian that no pupil may have his or her grade reduced or lose academic credit for any absence or absences excused pursuant to Section 48205 if missed assignments and tests that can reasonably be provided are satisfactorily completed within a reasonable period of time, and shall include the full text of Section 48205.

EC 48205 (b) A pupil absent from school under this section shall be allowed to complete all assignments and tests missed during the absence that can be reasonably provided and, upon satisfactory completion within a reasonable period of time, shall be given full credit therefore. The teacher of any class from which a pupil is absent shall determine the tests and assignments shall be reasonably equivalent to, but not necessarily identical to, the tests and assignments that the pupil missed during the absence.

Counselor's Corner—Sherrie Howard

Fall is here and before you know it First Quarter will end on October 9. Quarter grades are progress reports and are not entered on the student's transcript. Semester grades become part of the permanent record. Quarter grades are, however, used for athletic eligibility. Parents and students are very fortunate that they have access to student grades through Aeries. We encourage parents and students to check their Aeries account on a regular basis. There should be no surprises when grades are mailed home. If there is a question or a concern about a grade, the teacher should be contacted directly, either by e-mail or voicemail. The number #1 reason for poor or failing grades is missing assignments. If a student is struggling for other reasons, teachers are available for consultation and help. TORCH tutoring (peer tutoring) is available on Tuesdays and Thursdays from 2:40pm to 3:30pm in the library.

The counselors and Leslie Parker, our career specialist, have begun meeting with students at all four grade levels. Whether students are looking forward to a college education or a technical school or going directly to work or the military, they need a record of their high school career, work experience, skills, accomplishments, strengths, hopes and dreams. Students need career awareness opportunities and strategies for career planning.

Through Shasta High School's Career Education and Preparation Plan students will understand the relationship between personal qualities, education and training in the world of work.

Prep HQ is an internet based counseling tool that we use at Shasta High School. It provides 24 hour access to the Counseling Center. We tell the students that it is like a 24 hour shopping mall where they can find links and resources and shared files that address every aspect of high school, college and career information. It is a secure and versatile program that helps students and parents more effectively navigate the college and career prep process. Counselors use it as a four year planning tool, a college and career planner and search tool. Prep HQ can be accessed via the Shasta High School website and we invite you to check it out.

The College Options Center

College OPTIONS

Homework Help

College OPTIONS and the Shasta Public Library have teamed up to offer HelpNow! A free homework help service available for students in grades 3-12, everyday from 1-10pm. To use the service you must have library card, then just go to www.shastalibraries.org and get started.

College Application Assistance

CSU applications will be available on October 1st at www.csumentor.edu. The deadline to apply is November 30th.

UC applications become available the first week of October. Students can log into the system to work on their application during October, but the application can be submitted beginning November 1st and the deadline is November 30th. College OPTIONS is offering the following workshops to assist students with the application process. For more info call 245-1845 or visit www.collegeoptions.org

- Oct 13 3:30-5:30 Writing a College Admissions Essay*
- Oct 19 3:30-5:30 Drop In online application assistance*
- Oct 29 3:30-5:30 Writing a College Admissions Essay*
- Nov 3 3:30-5:30 Drop In online application assistance*
- Nov 9 3:30-5:30 Admissions Essay Review*
- Nov 17 3:30-5:30 Drop In online application assistance*
- Nov 23 2-5:30 Drop In online application assistance*
- Nov 24 2-5:30 Drop In online application assistance*
- Nov 30 2-5:30 Drop In online application assistance*

PSPACE is limited - Please call 245-1845 to reserve your space

Lisa Fierros - Student Activities Director

September certainly brought a bounty of student activities! On the business side of things, **Frosh Elections** yielded the following results: **President: John Kellogg, Vice-President: Jenny Lai, and Secretary-Treasurer: Riley Brouillard.**

Our first rally was held September 11. The Welcome Back / Fall Sports-themed rally introduced all of this season's athletes and also included some friendly competition among the classes. When all the points were tallied, the Juniors superior spirit earned them the Spirit Mop.

In addition to our Welcome Back / Fall Sports rally, we also had **Homecoming** during the week of September 14-18. The general theme was "Shasta Goes Hollywood" and was based on various movie genres. Thursday evening before the big game, volunteers from all the classes decorated their respective areas in the gym and built their shopping cart mini floats for the rally on Friday. In all, about 100 kids showed up and enjoyed pizza, music, and a lot of Homecoming silliness. Congratulations to our football teams for winning all of their Homecoming games against West Valley! ☺ Yay!

Homecoming 2009 wrapped up on Saturday night with a beautiful outdoor dance sponsored by the SHS Cheerleaders. **Homecoming Queen Teresa Craig** was crowned at the football game and **Homecoming King John Green** was crowned at the dance. The **Homecoming Court** included Juniors **Mallori Grashoff** and **Clay Cavendar**, Sophomores **Shelby Richmond** and **Robert Di Bella**, and Freshmen **Keely Davis** and **Gavin Graham**.

October is also shaping up to be busy as we get ready for the **River Bowl Rally on the 16**. Enterprise hosts the big game this year, so be sure to stop by the Student Store to purchase your purple and wear it to the game! Permission forms for the ever-popular **Powder Puff** football game are available in Rm. 111 during lunch and are due by 2:45 on Friday, October 9. Game day is Wednesday, Nov 4 and practices will be held during the weeks of Oct 12-Nov 3. The first of two **Blood Drives** will be held on Thursday, **October 29**. Permission slips and more information will be available in the coming weeks. Parents, if you would like to volunteer for any of these activities, please let us know!

TORCH TUTORING

The TORCH Tutoring program has started! TORCH stands for Tutors Organized to Respond to Challenging Homework. This is a peer tutoring program that is held in the library on Tuesdays and Thursdays after school. Mrs. Silveira is the advisor. If you would like more information, give us a call at 241-4161 ext. 45317. We hope to see your student in the library.

Athletic Boosters

Help support our Athletic Teams and have fun.

Our next meeting will be September 14, @ 6:30 p.m. in the Wolves Den. For more information please visit the sports booster web page at <http://www.shastawolves.com/resources/boosterclub.php>.

Your Help is requested in supporting our fine Athletes and their sports programs. Shasta High School Sports Boosters are in the midst of planning the Third Annual Dinner and Silent Auction to be held at the Mercy Oaks Senior Center on Saturday, November 14, 2009. This gala event will include a dinner with approximately 300 guests attending. Shasta High Sports Booster is a parent organization formed in 1971 to financially support each of the 17 Shasta High School student athletic programs (including 30 teams: Freshman, JV and Varsity). Revenue provided by the Sports Boosters goes toward the purchase of equipment and various team expenses. Last year the Boosters distributed almost \$40,000 in net revenue to our athletic teams for equipment and team expenses. The Boosters also support our student athletes each year by awarding scholarships to eligible Shasta High School athletes who excelled not only on the field but in the classroom as well. In 2008 we awarded a

total of \$4,800 in scholarships to six eligible student-athletes (parent membership in the Boosters is required to be eligible to request a scholarship). Your support can be in the form of a table purchase for 8 at \$250.00, individual tickets \$35.00 each, Donate auction items, gift baskets or services, provide home made deserts that serve 8 or volunteer your time. Any and all help and support will be greatly appreciated. Please call 245-4580 at or visit <http://shastawolves.com/resources/boosterclub.php> for complete details.

Parent/Student/Teacher Club

Parent/Student Teacher Club meets on the 2nd Wednesday of every other month at 6:30 p.m. in room 307. Everyone is welcome to attend. Our next meeting will be October 13, 2009. .

Holiday WOW Points:

Donate WOW Points from Holiday Market and help support Parent, Teacher, Student Club.

At the register tell them you want to donate your WOW points to Shasta High School. Family and friends out of the area can donate also. Just give the school name and the code #287.

For every 1,000 WOW points, the school will get 20.00. The more money Parent club is able to raise the more that can go towards scholarships, and other student programs. Your support is greatly appreciated.

eScrip Information:

Support Parent Club and Yearbook through eScrip Log on to www.escrip.com and register under Shasta High School. Be sure to also register your Visa and MasterCard's.

Any questions call 243-5444

School Fund Raiser

During the month of October, shop at California Decor Store and you will support Shasta High School! Mention you are a "FAN OF SHASTA HIGH SCHOOL" at the register and California Decor Store will donate 10% of your purchase to Shasta High School's student body program. This offer applies to anything you purchase including home and garden decor, jewelry, and gifts.

Sober Grad

*Sober Grad Committee will meet October 20 at 6:00 p.m. in room 307. Everyone is welcome to attend. You do not have to have a senior to attend these meetings. This is a great opportunity for **Freshman, Sophomore & Junior parents** to get involved so you have an idea what to plan for in the future. Sober Grad party will be held after graduation. For more information call Mrs. Mayberry at 241-4161 between 7:30 p.m. to 3 p.m. **Senior parents we need you!***

Sober Grad Certificates are **on sale now** for \$100. Purchase one alone, or purchase with a group. The more certificates that we sell, the more money we have to spend on the party for our students. The money goes to pay for prizes, food, games, obstacle courses, etc. We provided a great party last year and hope to do so again this year.

SHASTA HIGH SCHOOL SPORTS BOOSTERS

3rd Annual Dinner Auction

November 14, 2009 — Mercy Oaks Senior Center

Doors Open at 6 p.m. — Silent Auction Begins

Dinner served at 7:30 p.m.

Tables of eight are available for \$250 or you may purchase individual tickets for \$35



Guest Speaker: **Ashley Boek**

Ashley is a 2001 graduate of Shasta High School and a three sport student athlete having played freshman volleyball, JV basketball and four years of Varsity softball. A renowned softball pitcher, Boek is the career NSCIF softball record holder for strikeouts (1,015), wins (36) and career ERA (0.34).

A 2001 Fox Sports Pre-Season All-American, Boek received a full ride scholarship to pitch for the University of Washington Huskies. In her tenure at UW, she no hit San Jose State in her collegiate debut, was named All PAC 10 player, Collegiate Academic All-American, holds the Husky strike-out record for a game (18), was named the NCAA Regional MVP in 2004 and made two NDAA Division I College Softball World Series appearances (2003 & 2004). Boek graduated in 2005 with a Bachelor of Arts in Psychology and a minor in Spanish.

She is currently living in San Jose and just graduated from Santa Clara University with her Master's in Counseling Psychology, Marriage and Family Therapy.

NAME: _____ PHONE: _____

E-MAIL: _____ OTHER CONTACT NUMBER: _____

___ Tables @250 each (8 seats per table)

___ Individual Seats @35 each

Names: _____

AUCTION ITEMS

___ I would like to donate an auction item

___ I would like to make a contribution of \$ _____

Total Amount Enclosed: \$ _____

(Please make checks payable to Shasta High Sports Boosters)

VISA/Mastercard/Discover #: _____

Exp: _____ 3 digit security code: _____

Signature: _____

Billing Address: _____

City: _____ Zip: _____

Please credit the _____ team(s) for my contribution.

PLEASE MAIL REGISTRATION FORMS AND CHECKS TO:

Shasta High School Sports Boosters • 2500 Eureka Way • Redding, CA 96001

Annual Notification of Planned Pesticide Use

The Healthy Schools Act of 2000 was signed into law in September 2000 and requires that all schools provide parents or guardians of students with annual written notification of expected pesticide use on school sites. The notification will identify the active ingredient(s) in each pesticide product and will include the Internet address (<http://www.cdpr.ca.gov>) for further information on pesticides and their alternatives. We will send out annual notification starting October 10, 2009.

The letter to request this notification is available in the Main Office.

Dates to Remember

<u>October 3</u> <i>Saturday School</i>	<u>October 14</u> <i>PSAT Test</i>	<u>October 20</u> <i>Sober Grad meeting 6 p.m. in room 307</i>
<u>October 5</u> <i>Minimum Day (students out at 1:19 p.m. Athletic Booster Meeting 6:30 p.m. in the Wolves Den</i>	<u>October 16</u> <i>30 Minute River Bowl Rally Jostens on campus to meet with Seniors after rally</i>	<u>October 29</u> <i>Blood Drive</i>
<u>October 10</u> <i>SAT Test</i>	<u>October 17</u> <i>Saturday School ACT Test</i>	<u>October 31</u> <i>Saturday School</i>
<u>October 13</u> <i>Board Mtg, 6:30 p.m. Parent Club Meeting 6:30 p.m. room 307</i>	<u>October 19</u> <i>Minimum Day (students out at 1:19 p.m.</i>	